

TERESA GARNERO, APRN, BC-ADM, MSN, CDE

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OBJECTIVE

Inspire quality diabetes self-management through collaboration, science-based innovation and fun

LEADERSHIP & AWARDS

- 2014 National recognition with the American Diabetes Association (ADA):
The Madison Clinic for Pediatric Diabetes at UCSF
- 2013 Manuscript reviewer for *Diabetes Spectrum* and *The Diabetes Educator*
- 2012 Sutter Health Diabetes Council founder (system-wide, multidisciplinary diabetes collaborative)
- 2011 Aetna Foundation grant recipient for Dance Out Diabetes
- 2009 Founder, Executive Director of Dance Out Diabetes, a non-profit organization
- 2009 National Board of Director, American Association of Diabetes Educators (AADE)
- 2009 Multiple book awards for *Your First Year with Diabetes*
(Ben Franklin: Health/Wellness; National Health Information; USA Book News Best Book)
- 2008 International “Inspired by Diabetes” first place for “Pin the Pancreas on the Piggy” game
(launched by Lilly Diabetes, International Diabetes Federation and ADA)
- 2007 National AADE Professional Development Committee member
- 2005 President of California Central Coast AADE
- 2005 Community Hospital of the Monterey Peninsula Nurse of the Year nominee
- 2004 National AADE Diabetes Educator of the Year; Allene Van Son award for cartoons
- 1999 Member of AADE, ADA

EDUCATION

- Advanced Practiced R.N., Board Certified in Advanced Diabetes Management, 2002
- Master of Science in Nursing, 2000: University of Phoenix, San Jose
- Certified Diabetes Educator, 2000
- Bachelor of Science Degree in Nursing, 1998: University of the State of New York
- Associate of Science Degree in Nursing, 1987: Maurine Church Coburn, Monterey, CA

PUBLICATIONS, MEDIA, FREELANCE

- Authored, illustrated ADA book *Your First Year with Diabetes* (2nd Edition, 2014)
- Diabetes expert for international diabetes companies, and media, including Oprah and IDEO
- Community-Based Dance Program Outcomes abstract (ADA, June 2013)
- Author, *Diabetes Spectrum, Providing Culturally Sensitive Care for LGBT w/Diabetes* (2010)
- Cartoonist and freelance writer for several diabetes journals; script writer for dLife
- Guest on several national radio programs; appearances on local and national TV
- Published “Diabetes Cartoons: in English and Spanish” on CD for diabetes educators (2005)
- Cover of *NurseWeek* or diabetes cartooning (May 2004)
- Authored, illustrated *DIABETease: A lighter look at the serious subject of diabetes* (2003)

GARNERO DESIGNS, LLC (2001 to present)

President, Creative Talent and Diabetes Educator Expert

- Design diabetes education curriculums that communicate complex concepts in a friendly, positive, and visually inviting manner using all media types
- Improve engagement and end user experience with diabetes technology by collaborating on interface design, materials and self-discovered learning

- Strategic advisor, synergistic thinker and spokesperson for companies and organizations aimed at easing the burden of living with diabetes
- Author and illustrator of diabetes articles, pamphlets, and books which are science-based and use therapeutic humor and cartoons when appropriate
- Consultant for individuals and start-ups, local and international diabetes companies
- Vast media experience with TV, radio, text messaging, social media and videos
- Dynamic keynote speaker

UNIVERSITY OF CALIFORNIA AT SAN FRANCISCO (8/12 to 3/15)

Practice Manager of Madison Clinic for Pediatric Diabetes

- Acted as a visionary leader of a dynamic team of pediatric endocrinologists, psychologists, fellows, nurses, dietitians, social worker, and staff to create the best clinical care center
- Maximized diabetes care and education experience
- Facilitated outpatient, inpatient, and research efforts
- Completed national recognition requirements with ADA

CALIFORNIA PACIFIC MEDICAL CENTER (11/07 to 6/12)

Clinical Nurse Manager of Center for Diabetes Services

- Lead and managed inpatient and outpatient diabetes education and management programs (adult and pediatrics), with an interdisciplinary staff of RNs, RDs, LCSWs, and endocrinologists
- Strategic thinker responsible for curriculum design and national recognition from ADA
- Maintained several million dollar budget and units of service
- Founded and chaired multidisciplinary Glycemic Council, and system-wide Sutter Diabetes Council
- Participated in and lead limited research projects
- Created several, ongoing evening educational opportunities for our diabetes community

WASHINGTON HOSPITAL HEALTHCARE SYSTEM (4/06 to 10/07)

Director of Diabetes Services

- Started outpatient program from the ground up within 4 months of hire, from office layout, to hiring staff, curriculum design and billing infrastructure
- Obtained ADA national recognition status 8 months after opening program
- Generated over a million dollars in inpatient and outpatient revenue not previously there
- Passed “Sweet Success” California Diabetes Pregnancy and Pregnancy Program site visit 05/06
- Developed inpatient protocols for hypoglycemia, insulin pumps, DKA, insulin infusion

COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA (17 years total)

- **Certified Diabetes Educator:** OP / IP / pumps / peds / gestational diabetes (1999-2006)
- **Editor-in-Chief *Nursing Insight*** (2002-2006)
- **Co-Editor, writer, cartoonist *Nursing Insight*** (1997-2001)
- **Home Health Services:**
Staff Development (1994-1996), **Visit Supervisor** (1993-1994), **Visiting Nurse** (1991-1992)
- **Emergency Department RN** (1989-1991)
- **ICU-CCU Staff RN** (1987-1989)
- **Certified nurses assistant, emergency medical technician, monitor tech** (1984-1987)