

Theresa Garnero's Diabetes Publications and Lectures

Updated Nov. 2018

Publications

1. Books

- [Your First Year with Diabetes](#) (2nd edition), 2014. American Diabetes Association (ADA).
- Your First Year with Diabetes (1st edition), 2008, ADA (but don't read this – go to 2nd Ed!)
- [DIABETease: a lighter look at the serious subject of diabetes](#) Self-Published, 2003.

2. Select articles, magazines and website contributions (listed by most recent year):

- Garnero, T. L., Davis, N. J., Perez-Nieves, M., Hadjiyianni, I., Cao, D., Ivanova, J. I., & Peyrot, M. (2018). [Insulin non-persistence among people with type 2 diabetes: how to get your patients to stay on insulin therapy](#). *Postgrad Med*, 130(4), 394-401.
- Naranjo, D., Mulvaney, S., McGrath, M., **Garnero, T.**, & Hood, K. (2014). [Predictors of self-management in pediatric type 1 diabetes: individual, family, systemic, and technologic influences](#). *Current Diabetes Reports*, 14(11), 544.
- [Dancing to Prevent and Manage Diabetes with Debbie Allen](#)
American Diabetes Association: *Diabetes Forecast*, 2014.
- Garnero, T. L. (2013) Community-Based Dance Program: Effects on Diabetes and Obesity Prevention and Management (abstract)
http://diabetes.diabetesjournals.org/content/diabetes/62/Supplement_1/A621.full.pdf
- Somogyi Effect vs. Dawn Phenomenon dLife, 2006.
Cited in the [Polish Journal of Endocrinology](#), 2011.
- [Providing Culturally Sensitive Diabetes Care and Education for the LGBT Community](#), ADA: *Diabetes Spectrum*, 2010.
- Adjusting Your Insulin Dose, dLife.com, 2009.
- [DIABEDucation archives](#), Defeat Diabetes Foundation, 2008.
- Diabetes Healthmonitor, regular diabetes cartoonist, 2004 - 2007.
- Diabetes Interview, regular diabetes cartoonist, 2000 – 2003.
- Organo Dell'Associazione Italiana per La Difesa Degli Interessi Dei Diabetici, (AIDID) Rome (diabetes cartoonist), 2001.

Invited Lectures and Addresses

Most topics were about:

The Use of Humor as a Tool in Diabetes Self-Care Management

Using Dance as a Community-Based Intervention to Prevent and Manage Diabetes

Providing Culturally Sensitive Care to the LGBT Community with Diabetes

Listed alphabetically by organization:

- American Diabetes Association (ADA) Annual Meeting, So You Think You Can Dance event, San Francisco, CA (2014)
- American Association of Clinical Endocrinologists (AACE): Santa Clara and San

- Francisco, CA (2008)
- American Association of Diabetes Educators (AADE) Annual Conference, Las Vegas, NV (2011)
 - AADE Annual Conference, St. Louis, MO (2007)
 - AADE Annual Conference, Indianapolis, IN (2005)
 - AADE leadership conference, Chicago, IL (2005)
 - AADE Webinar on therapeutic humor (2009)
 - ADA, Kansas City, MO; Pensacola, FL; Santa Clara, CA (2008)
 - American Lung Association, Monterey, CA (2005)
 - Association of Diabetes Educators of Utah, St. Lake City, UT (2008)
 - Borgess Diabetes Center, Kalamazoo, MI (2010)
 - California Central Coast AADE, Monterey, CA (2004)
 - Capital Association of Diabetes Educators, Washington DC (2005)
 - Central Arizona Association of Diabetes Educators, Phoenix, AZ (2005)
 - Coastal Carolina Association of Diabetes Educators, Greenville, NC (2005)
 - 26th International Conference on Diabetes and Endocrinology (2018): Culturally Competent Care for the LGBT individual with diabetes
 - Eli Lilly (Glargine), Santa Cruz, CA (2017)
 - FROMM Institute for Lifelong Learning at the University of San Francisco, CA (2013)
 - Golden State Diabetes Network, La Jolla, CA (2008)
 - Greater Augusta Diabetes Educators, Augusta, GA (2005)
 - Hawaii Association of Diabetes Educators, Honolulu, HI (2005)
 - International Society of Humor Studies, Long Beach, CA (2009)
 - Jacksonville Association of Diabetes Educators, Jacksonville, FL (2005)
 - LifeScan, Milpitas, CA (2005)
 - Maryland Association of Diabetes Educators, Baltimore, MD (2005)
 - Michigan Organization of Diabetes Educators, Flint, MI (2006)
 - Minneapolis-St. Paul Diabetes Educators, Minneapolis, MN (2009)
 - Montana Diabetes Prevention and Control Program, Billings, MT (2009)
 - New York Diabetes Educator of Lower Hudson Valley, NY (2005)
 - North-Eastern Ohio AADE, Cleveland, OH
 - San Francisco Bay Area Association of Diabetes Educators, Oakland, CA (2011)
 - Shands Diabetes Center, University of Florida, Gainesville, FL (2005)
 - State of Wisconsin, Division of Quality, Madison, WI (2017)
 - St. Josephs Medical Center Regional Cancer Center, Concord, CA (2010)
 - Tri-State Association of Diabetes Educators, Philadelphia, PA (2005)
 - University of Irvine, Annual Collaborative Diabetes Education Conference, Irvine, CA (2009)
 - Upper Piedmont Association of Diabetes Educators, Spartanburg, SC (2009)
 - Washington Association of Diabetes Educators, Tacoma, WA (2004)